



Coronavirus (2019-NCoV)

The Next Three Seconds Protects Your Life, Your Loved Ones, Your Livelihood®

The N3L3 philosophy:

our approach to protecting workers from fatal and life-changing events.

Eastern Alliance is here to help. To learn more about Eastern's N3L3 program and access other safety resources, sign in and visit the

Safety Tools on

www.easternalliance.com,

or contact your

Risk Management

Consultant for assistance

1.855.533.3444

What is the Coronavirus?

Coronaviruses are a large family of viruses that originate in animals but are known to cause respiratory illness in humans. Some cause mild illness, like the common cold. Some cause severe illness, like Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS-CoV). In January 2020, a novel (new) coronavirus (2019-nCoV) was identified as the cause of an outbreak of pneumonia originating in Wuhan, China.

Currently, no vaccine exists.

What are the symptoms of novel Coronavirus?

Symptoms are very similar to seasonal influenza. These symptoms can range from mild to severe and include:

- Fever
- Cough
- Difficulty breathing

Keep yourself and your loved ones healthy. Help stop the spread of illness by practicing good hygiene practices such as:

- Wash your hands often with soap and warm water; use hand sanitizer often.
- Cover your coughs and sneezes with a tissue or your elbow.
- Clean and disinfect frequently-touched objects and surfaces.
- Stay home and rest if you are experiencing flu-like symptoms.

Who is most at risk?

- Anyone who has been in countries identified as having documented or suspected community spread of the virus within the last 14 days.
- Anyone in contact with someone who has been in these affected areas within the last 14 days.
- Anyone in contact with someone who has been confirmed to have, or is being evaluated for, the 2019-NCoV infection.

While people are thought to be most contagious when they are the most symptomatic (the sickest), the virus can be transmitted by someone showing no symptoms. If you believe you have been exposed to the 2019-NCoV virus, please call your healthcare provider before you go to a clinic, urgent care or emergency room.

For additional information and guidance for employers, please visit:

- [Center for Disease Control and Prevention \(CDC\)](#)
- [Occupational Safety and Health Administration \(OSHA\)](#)
- [National Institute of Allergy and Infectious Disease \(NIH\)](#)

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This information is proprietary and is intended to assist you in your safety efforts. It must not be assumed that every unsafe condition or procedure has been covered in this document, nor that every possible loss potential, and legal violation has been identified herein. This document is not a substitute for the establishment of risk management programs by your management.