

## Tornado Safety: Before, During, and After the Storm

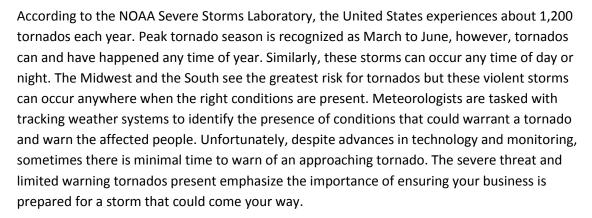
The Next Three Seconds Protects Your Life, Your Loved Ones, Your Livelihood®

### The N3L3 philosophy:

our approach to protecting workers from fatal and lifechanging events.

Eastern Alliance is here
to help. To learn more
about Eastern's N3L3
program and access
other safety resources,
sign in and visit the
Safety Tools on
www.easternalliance.com,
or contact your
Risk Management
Consultant for assistance

1.855.533.3444



#### **Before the Storm:**

- Stay Informed: Know your area's tornado risk and warning systems. Some communities
  have Emergency Notification Systems that can be sent out via text messages or email.
  Many smart phones have alerts that will sound if these are turned on. Remember to
  consider the risk of all areas you have employees working.
- Have a plan in place: The Company should have a detailed emergency action plan that identifies all potential emergencies and the associated procedures. Ensure the plan specifically identifies the alarm signal and shelter locations for tornados. It is important that employees know the steps they need to take in the event of an emergency. Employers should practice emergency drills to evaluate the effectiveness of training and existing plans.
- Select and identify shelters: The best place to shelter is an underground area such as a
  basement or cellar. If these options aren't available seek out a location that is an
  interior room or hall, on the lowest floor possible, away from doors, windows, and
  outside walls, and rooms constructed with reinforced concrete, brick, or blocks.
- Establish Accountability- Have a process in place to identify who is present on the
  worksite so they can be quickly identified and accounted for during an emergency
  situation. Duties and responsibilities of the emergency action plan should be assigned
  and clearly communicated.
- Monitor the Weather- the Company should have and monitor a weather radio. The
  person assigned to monitoring the weather should communicate any developments
  with management.
- Keep Information Updated- The emergency action plan and important information such as contact information should be updated at least annually.
- Stock Up on Emergency Supplies: Keep an emergency kit ready to go with supplies. Visit https://www.ready.gov/kit for information on what to put in your kit.





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### **During the Storm:**

- Recognize the Warning Signs- Look out for dark green skies and often there will be large hail. You may notice a dark, rotating, and low cloud. A loud roar like a freight train will usually be heard.
- It is important to understand the difference between a Tornado Warning and a Tornado Watch and take appropriate action. The National Weather Service advises the following:
  - Tornado Watch- Be prepared! Tornadoes are possible in and near the watch area. Review and discuss your emergency plans and check supplies and your safe room. Be ready to act quickly if a warning is issued or you suspect a tornado is approaching.
  - Tornado Warning- Take Action! A tornado has been sighted or indicated by weather radar. There is imminent danger to life and property. Move to an interior room on the lowest floor of a sturdy building.
- Sound the alarm and seek shelter! Have employees assemble in identified shelter locations. Continue to monitor the weather radio for updates.
- Being in a vehicle during a tornado is not safe. Whenever possible, discourage employees from traveling during a tornado watch. If an employee is on the road during a tornado watch encourage them to get off the road and find a safe location they can shelter should a storm present. If on the road when a tornado strikes, employees should get down in the car or abandon the vehicle to seek shelter in a low lying area such as a ditch. Do not try to "outrun" the storm by driving away. Do not seek shelter under highway overpasses.
- When employees are working outside consider that additional time may be needed to get to safe shelter.
- While sheltering, encourage employees to protect their head and necks. If hard hats or helmets are available - wear them.
- Stay sheltered until after the storm has ended, weather radio has indicated the all clear, or emergency personnel arrive.

#### After the Storm:

- It may appear the danger has ceased, but it is important to recognize that many hazards linger after the storm.
- Check in with employees to see if anyone is injured. Seek medical care for these employees and if work-related promptly report to Eastern Alliance.
- Recognize that the recovery and response work is non-routine and likely outside your scope of operations. Don't take a fatal and life-changing risk; instead use qualified, insured contractors.





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- Be aware of downed power lines, frayed wires, leaking gas pipes, and other hazardous damaged items.
- Use caution when driving, as hazardous driving conditions are common following tornadoes.
- Before starting any response or recovery activities, pre-plan the work. This will
  encourage you to carefully evaluate the hazards presented and extend controls to
  protect employees.
- Educate and provide training for employees on the restoration and clean-up work you will be completing. Since some of this work will be new or out of the ordinary, training is crucial to ensure safe work practices are followed. If you hire any additional employees to support your efforts please ensure they are given adequate new employee orientation that covers required safety practices.
- Inspect the work area for any debris that could cause a slip, trip or fall. Ensure employees check their work areas and eliminate these hazards.
- Nails, sharp debris, and other materials could cause lacerations or punctures. Inspect
  work areas for any of these exposures. Visibly inspect material before handling them to
  identify safe spots to grab. Use PPE such as gloves, safety glasses, sleeves, boot, and
  long pants. Where possible use lifting equipment to eliminate manual material handling.
- Be mindful of air quality concerns following the storm. Debris or contaminants from damaged structures could be present. Dust masks or respirators may be required.
- Many contractors rely on generators every day to provide power. During storm clean
  up generators take on an even greater role in providing much needed power in areas
  with power outages. It is important that safe procedures be followed while using
  generators to control carbon monoxide and electrocution exposures.
- Demolition is best left to qualified professions as it involves many potential hazards that are not regularly encountered during normal business operations.
- Ensure all individuals have been properly trained on how to safely operate generators, chainsaws, or other power tools. Do not assume they know how to operate this equipment without proper training.





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There are numerous hazards to consider before, during, and after a tornado. In addition to the helpful tips above we also encourage you to visit:

- Tornado Response Safety- <a href="https://www.cdc.gov/niosh/topics/emres/tornado.html">https://www.cdc.gov/niosh/topics/emres/tornado.html</a>
- Natural Disasters and Severe Weather- https://www.cdc.gov/disasters/index.html
- Disaster Cleanup and Recovery PPE Matrixhttps://www.osha.gov/Publications/OSHA3898.pdf
- Tornado Preparedness and Responsehttps://www.osha.gov/dts/weather/tornado/index.html
- Ready.gov Information on Tornadoes- <a href="https://www.ready.gov/tornadoes">https://www.ready.gov/tornadoes</a>
- Prepare Your Organization for a Tornado Playbookhttps://www.fema.gov/media-library-data/1409936139924-14f8f593c82cf0ee0384701252b30995/prepareathon\_playbook\_tornado\_final\_090414 508.pdf
- Tornado Safety- <a href="https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/tornado.html">https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/tornado.html</a>
- Tornado Safety- <a href="https://www.weather.gov/safety/tornado">https://www.weather.gov/safety/tornado</a>

Looking for more information or have additional questions?

Please contact your Eastern Alliance Risk Management Consultant.

